

2015

Evidence to Support Standardized End of Life Care Utilizing Evidence-Based Training, Education, and Protocol/Order Sets

Sara S. Revier

CentraCare Health - St Cloud Hospital, RevierS@CentraCare.com

Follow this and additional works at: https://digitalcommons.centracare.com/nursing_posters



Part of the [Other Nursing Commons](#)

Recommended Citation

Revier, Sara S., "Evidence to Support Standardized End of Life Care Utilizing Evidence-Based Training, Education, and Protocol/Order Sets" (2015). *Nursing Posters*. 39.

https://digitalcommons.centracare.com/nursing_posters/39

This Book is brought to you for free and open access by the Posters and Scholarly Works at DigitalCommons@CentraCare Health. It has been accepted for inclusion in Nursing Posters by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact schlepers@centracare.com.



Evidence to Support Standardized End of Life Care Utilizing Evidence-Based Training, Education, and Protocol/Order Sets

Sara Revier, APRN, CNS, ACHPN



Purpose Statement

Develop and implement evidence based standardized end of life care through education, case identification, and care delivery tools for adult med/surgical patients transitioned to comfort care as compared to current, non-standardized care for patients transitioned to comfort care.

Synthesis of Evidence

- ▶Majority of literature **Grade C or E**.
- ▶End of Life (EOL) care experience varies depending on setting of care, physician or provider, and nursing EOL experience.
- ▶Top Ranked EOL competencies by nurses were: symptom management; communication about death/dying; and understanding comfort care/palliative care
- ▶Literature on standard end of life education supported use of ELNEC curriculum.
- ▶Consensus supports the effectiveness of standardized order sets in improving adherence to accepted Palliative Care principles for pts @ EOL.

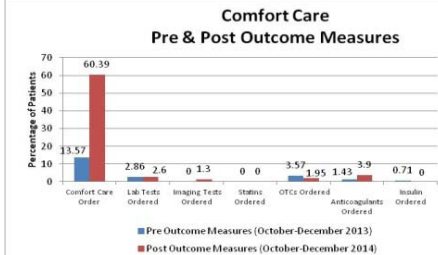
Team Members

- ▶Sara Arickx, RN
- ▶Ann Backes, MSN, RN, OCN
- ▶Dr. Dahlia Elkadi
- ▶Dr. Merryn Jolkovsky
- ▶Jim Mahowald, Pharm D
- ▶Lance McNab, Pharm D
- ▶Karen Neis, RN
- ▶Joy Plamann, RN
- ▶Cathy Tieva, RN
- ▶Carol Upcraft, RN

EBP Practice Change

- ▶Care Delivery Process
 - Comfort Care Policy
 - Provides a consistent definition of comfort care
 - Comfort Care Order Set
 - Comprehensive order set for end of life care
 - Developed to standardize care for dying patient regardless of physical location in the hospital and provider or nursing experience
 - Majority of orders are pre-checked to standardize care
 - Recommended for use of all patient transitioned to comfort care
 - Comfort Care Nursing Assessment
 - Focused physical assessment completed twice daily
 - Developed to guide the nursing practice of caring for patient & families at end of life
 - Emphasizes focus of care should be on comfort of patient & family; assessing for signs of discomfort or active dying
 - Comfort Care Plan
 - Provides direction for a multidisciplinary approach to end of life care
 - Includes problems of Anxiety, Grieving, Pain, Breathing Pattern Altered, and Discharge Planning
 - Focuses on treatment of symptoms
- ▶Patient Education
 - Transitions of Care education sheet for patients & families
- ▶Staff Education
 - Computer based training, education flyer, and 90 minute live education for nursing
 - Rose & Hummingbird Magnet
- ▶Provider Education
 - Live presentations, tip sheet, one on one discussions, and email reminders

Pre/Post Measures



- ▶Manual review of medical records for patient deaths
 - October-December 2013, N=140
 - October-December 2014, N= 154
- ▶# of patients who died and were transitioned to comfort care
 - 2013: 60% (N=84)
 - 2014: 77% (N=118)
- ▶# of patients with actual "Comfort Care" order
 - 2013: 14% (N=19)
 - 2104: 60% (N=93)
- ▶Staff and family Quality of Death & Dying Survey data analysis in process

References

- Bailey F, Burgio K, Goode P, et al. Improving processes of hospital care during the last hours of life. Archives Of Internal Medicine [serial online]. August 8, 2005; 165(15):1722-1727. Available from: CINAHL with Full Text, Ipswich, MA. Accessed November 17, 2013.
- Egan K, Abbott P. Interdisciplinary team training: preparing new employees for the specialty of hospice and palliative care. Journal Of Hospice & Palliative Nursing [serial online]. July 2002; 4(3):161-171. Available from: CINAHL with Full Text, Ipswich, MA. Accessed October 14, 2013.
- Lynch M, Dahlin C. The National Consensus Project and National Quality Forum preferred practices in care of the imminently dying. Journal Of Hospice & Palliative Nursing [serial online]. November 2007; 9(6):316-322. Available from: CINAHL with Full Text, Ipswich, MA. Accessed November 17, 2013.
- Pace J, Lunsford B. The evolution of palliative care nursing education. Journal Of Hospice & Palliative Nursing [serial online]. November 2, 2011; 13(6S):S8-19. Available from: CINAHL with Full Text, Ipswich, MA. Accessed October 14, 2013.
- The National Consensus Project for Quality Palliative Care Clinical Practice Guidelines for Quality Palliative Care 3rd edition 2013.
- Walker K, Nachreiner D, Patel J, Mayo R, Kearney C. Impact of Standardized Palliative Care Order Set on End-of-Life Care in a Community Teaching Hospital. Journal Of Palliative Medicine [serial online]. March 2011; 14(3):281-286. Available from: CINAHL with Full Text, Ipswich, MA. Accessed October 14, 2013.